



BSEM Training Day

Spotlight on the Gut

Friday 18th May, 2018

Hallam Conference Centre, London

09:30 – 10:00 REGISTRATION

Morning Session

- 10:00 - 10:45 **Dr Damien Downing**
MB BS MSB Introduction to ecological medicine with emphasis on the gut.
- 09:15 - 10:10 **Dr Shideh Pouria**
MB BS BSc MRCP (UK) PhD CMT The gastrointestinal system; the ecological approach.
- 12:00 - 12:45 **Dr Jerry Thompson**
MBBS, MRCP, MRCGP The ecological approach in an NHS setting; what can be done in 10mins?
- 12:45 - 13:30 **Gilian Crowther MA**
(Oxon), mBANT, mNNA, CHNC reg The practicalities: tests and supplements, UK specifics.

11:45 – 12:00 BREAK

13:30 – 14:30 LUNCH (NOT provided!!)

Afternoon Session

- 14:30 - 16:30 **BSEM Panel** Case discussions – please bring along your cases (BSEM trainees will have priority)

16:30 – 16:45 BREAK

- 16:45 - 17:30 **Dr Natasha Campbell-McBride MD, MMedSci**
(neurology), MMedSci (human nutrition) Update on GAPS

End of the Day

Dinner or Drinks in the Area